A ground-breaking ceremony for the new Sierra Sanctuary was held on June 23, 2014 at the Bright Dawn Center in Coarsegold, California. A group of the Board of Directors and friends donned yellow plastic hard hats and posed with tools in front of the construction site. The Sierra Sanctuary is the latest piece of the Bright Dawn Center’s property. Let me fill you in on how it fits in with the other aspects of how the property has evolved. The five-acre property is located in the Sierra Nevada foothills, a 30 minute drive north of Fresno and 45 minute drive from the Southern entrance to Yosemite National Park.

The Sierra Sanctuary is located behind the current Bright Dawn Center administrative headquarters building which is also the four-bedroom residence of Adrienne and myself and our two dogs and one cat. A small meditation room is also on the property. We call this 10’ by 12’ structure the SPOT (Special Place of Tranquility). The SPOT is home for Dharma Dan and all his animal puppet friends. It is also the repository of religious artifacts and gifts given to my father and myself.

A tour of the BDC property includes the Altar Rock where outdoor events such as the annual lay minister Induction Ceremony, weddings and other services are held. Adjacent to the Altar Rock is a memorial garden area reserved for my ashes when I die in about 30 years hence. Mounted on a boulder in the memorial garden is a cast-bronze plaque of my poem, “The Dharma Is My Rock.”

Elsewhere on the property is a 50’ diameter labyrinth which is a great spiritual tool for mindful walking.

As of this writing the labyrinth is about half way completed. This labyrinth project utilizes wooden stakes and nylon rope to make a path like the waiting lines at an airport.

There are other “Dharma Gems” scattered around the property. There is a natural stone bench we call the Dharma Throne; a 60’ Bull Pine called the “Power Pine” because it grew up by cracking a large granite boulder in half; and there is a neat natural stone bridge that spans a seasonal stream. There are many interestingly shaped boulders that we have linked to various Dharma teachings. Thus, a walking tour of the property turns into a Dharma Hike.

My grandiose vision is for the Bright Dawn Center to be the sacred, hallowed grounds of a Mecca-like pilgrimage site for Rev. Gyomay Kubose’s Oneness approach to Buddhism. I extend an invitation for all to come visit. One of our relatives upon visiting the property remarked, “No wonder
you don’t have to go on trips, you’re living in such a beautiful park-like property.” One of our lay ministers commented, “I don’t have to go to India or Tibet. Bright Dawn Center is my Pure Land. This is my spiritual home.” A recent visitor smiled and said. “Now I can cross this off my bucket list.”

**Progress of the Sanctuary Building**

1. The first pouring of the concrete for the supporting walls has been done; re-bar can be seen sticking up, awaiting the second pour.

2. The foundation walls are completed. Seen on one wall are four ventilation holes into the crawl space which is where the HVAC system and plumbing pipes will be located.

3. The sub-flooring has been laid. The floor-plan footprint is two overlapping squares. The larger square on the right is the main room that will be for gatherings and dining. The smaller square on the left will contain the front entry, kitchen, and bathroom.

4. The walls of the north-east corner are up. A SIPS (Structural Integrated Panel System) is being used for the floor, walls, and roof. You can see the special crane being used to place the SIPS panels into position.

5. The north back wall and north-west corner are up. In the fore ground a stack of SIPS panels await placement. Each panel is made of a special foam material sandwiched between two large sheets of plywood. The strength and insulation values are exceptional.
6. This view of the south-west corner of the building shows how the ground slopes down from the front of the building to the back. The floor level in the back is about five feet above the ground.

7. Here is the west wall, which will be finished with a natural stone façade. SIPS panels for the roof are in place.

8. This view of the south-east corner shows the front entrance on the left. The main gathering room is on the right, where the highest floor to ceiling distance is about 18 feet.

9. This is a straight-on shot of the front entrance. The area outside the front door is a space that will be fronted by 2” x 2” redwood stakes hanging from the roof to the floor.

(Sanctuary Progress continues on page 4)

AUTUMN EQUINOX TELEPHONE SERVICE
An Autumn Equinox Telephone Service will be held on Thursday, September 18, 2014 at 6PM Pacific Time; 7 PM Mountain Time, 8PM Central Time, 9PM Eastern Time. To listen, call (716) 273-1200 and enter Access Code: 5805842#.

Oneness Newsletter Autumn 2014
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The purpose of the Bright Dawn Center is to offer a non-sectarian, non-dualistic approach, the Way of Oneness, to deepen individual spirituality in everyday life for people of all backgrounds.
10. Upon entering the building, the inside will be shown, moving in a clockwise direction. The first shot is of the west wall where the kitchen will be located. Adjacent is the wall framing for the bathroom.

11. Next is a shot of an opening where patio doors will open to a deck that will spill out over a boulder area.

12. To the right of the patio doors on the west end of the north wall is a large eight-foot high window. This area is where a dining table probably will be put.

13. This is the east wall. A three-foot diameter metal sculpture of our logo (a bright dawn inside a Bodhi leaf shape) will hang on this wall, illuminated by ceiling track lights.

14. In the middle of the south wall, the framing is for a storage closet; the front entrance can be seen on the right.

15. This shows a small office which is to the right after entering the front entrance. This completes the clockwise tour inside the building.
The national trauma often compared to 9/11 is Pearl Harbor. Both were surprise attacks with loss of life numbering in the thousands. On December 7, 1941, we entered World War II, surely a defining moment of the 20th Century.

A few weeks ago, I was going through family papers and came across a resume for my late father, a civil engineer, I noted, that from October 1940 to December 1941 worked in the “Survey Office, Pearl Harbor Navy Yard, T.H.” as “Chief of party on surveys for channel soundings, buildings and pipelines.” The next month he changed jobs. From January 1942 to February 1943, he worked in the “U.S. Engineers’ Office, Honolulu, T.H.” as “Chief of party on surveys for runway construction and utilities, design and preliminary surveys for highways.”

In the decades I knew my dad, he never once said he was at Pearl Harbor.

I knew he worked in Honolulu and had a vague idea he'd got a job there on the way back from a year of wanderlust that took him to New Zealand and Australia. Not hearing otherwise, I assumed he was there before or after Pearl Harbor.

Plus I never heard my dad say one negative thing about the Japanese. In fact, he was an avid gardener and a joy in his life was going to Japanese-American nurseries common in Southern California.

Still the question remains, Why didn't he mention being at Pearl Harbor? Some would say it's his generation: They didn't talk about war.

I think right speech--in this case, silence--might explain my dad's letting Pearl Harbor rest in the past. In the Analects of Confucius, the Master approaches the subject of war with circumspection and will not mistake the part(s) for the whole. If American involvement in WWII began with Pearl Harbor, it ended with Hiroshima and Nagasaki. If a cold-hearted calculation concluded those who were to perish from two A-bombs were worth less than the contingent loss of life from a land invasion of Japan, then might one not prefer to leave the madness of war to silence?

Yes, I think my father's silence about Pearl Harbor was for the best: To let me grow up in a post-war world without the burden of easy racism. When I travelled to Japan a few years ago, I visited Nagoya-jo, the reconstructed castle in Nagoya. A plaque reads--with proper Confucian circumspection--"because of world hostilities, the earlier castle burned down in 1945." No naming names, no assignment of blame. The understated, laconic words would fit right in with my dad's about "surveys for runway construction!"

B.J. Thomas once sang "Raindrops keep fallin' on my head". He was not complaining. He knew change was coming. You cannot duck adversity. No matter how hard you try, you cannot walk between the raindrops. I've tried to do that but I always ended up wet. B.J. had it right. Rain, Sunshine,...both the same. "Nothing bothers me, Cause I'm free" is how that song ends.

Walking the middle path allows you to see extremes. It's the grey area that we seek...compromise. But the truth is that we can never stay in the grey area. Life will occasionally make your path dark, or lead you into light. There are moments of despair and moments of joy. To stay in the grey area you have to accept the dark and the light. In reality darkness, grey, and light are all One. Freedom comes as we are just "so". Neither dark, nor grey, nor light...just "so".

I'm an observer of life. My life has been up and down. The Dharma gave me oars to steer my ship. I tune in to the flow and I am prepared to float downstream.... smooth sailing, with an occasional crash on the rocks! I know now that the journey is never uneventful. I take refuge in the Buddha, the Dharma, the Sangha. I am safe.

We all try to walk between the raindrops. Embrace the rain! Lift your face to the Sun! They are the same. I have had a year of loss. I have gained. It is no different. I continue to walk the path and observe life. With smiles and tears I keep going. I cannot escape what life brings my way, so I discover Peace. May it be so.
I was able to accompany Rev. Koyo and Adrienne on a weekend trip to Chicago. I was a legal stowaway in the carry-on baggage. Upon arriving at O’Hare airport, we rented a sleek black Impala that had neat features; like a warning beep when the car changed lanes on the freeway; and a light that flashed on the side view mirror if a car was in our blind spot.

Dinner that night was at a restaurant that had three menus: a regular one; a vegetarian one; and a gluten free, raw vegan one. This restaurant was only a block away from where we were staying at the Orrington Hotel in Evanston. The neighborhood was the old stomping grounds of jogging along the lakefront path and seeing the sunrise over Lake Michigan. One area of the lakefront has large, concrete boulders piled randomly along the shoreline. This stretch is part of the Northwestern University campus. Students have painted message on the concrete boulders. Many years ago, a Dharma friend painted on one of the boulders our Bright Dawn Center’s logo, which depicts a bright dawn sunrise inside the outline of a Bodhi leaf shape.

We walked on the lakefront path searching for the boulder with our logo on it. It took us a while but we found it! The paint was faded and peeling but the logo was still doing its thing of quietly greeting the sunrise every morning. With satisfied smiles, we had an Eggs Florentine breakfast at Clarks, a nearby favorite restaurant.

That day, Rev. Koyo officiated the service of a family friend at Lakeview Funeral Home. Although we know death is a reality, when it hits close to home, it’s Reality spelled with a capital “R.” The teaching is that one’s individual life should not be taken for granted but one should live Life, spelled with a capital “L.”

I was a little tired upon returning home to California but I couldn’t help appreciating the adventure of living Life deeply. As put by the writer Maya Angelou, “Life loves to be taken by the lapel and told, ‘I’m with you kid. Let’s go!’”

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### In Honor of

- “Dharma Is My Rock” Poem
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**BOOK LIST**

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**BRIGHT DAWN: Discovering Your Everyday Spirituality.** Describes the author’s daily morning ritual and how ordinary things and activities can deepen one’s spirituality. 152 pages.

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**Other Recommended Books**

**BUDDHIST SYMBOLS.** Handy brochure explaining common Buddhist symbols. Quad-fold.

**BUDDHISM: Path of Enlightenment.** Simple, concise introduction to basic Buddhism. Teachings are superimposed on beautiful full-color photographs of nature scenes such as water ponds, rock gardens, a bamboo grove, etc. 20 pages.

**COFFINMAN** by Shinmon Aoki. This diary of a mortician invites the reader into the fascinating world of Buddhist spirituality which sees the extraordinary in things ordinary, mundane, and even repugnant. 142 pages.

**DISCOVERING BUDDHISM IN EVERYDAY LIFE** by Marvin Harada 2011. In commemoration of his 25 years of ministry at the Orange County Buddhist Church, over 40 essays by Rev. Harada were selected from past monthly newsletters. 128 pages.

**RIVER OF FIRE, RIVER OF WATER** by Taitetsu Unno. Introduces the Pure Land tradition of Shin Buddhism using personal anecdotes, stories, and poetry. With spiritual insight and unparalleled scholarship, this book is an important step forward for Buddhism in America. 244 pages.

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"Universal Teachings For Everyday Living"  Page 7
### YES  YES  Your Everyday Spirituality  YES  YES

|   | Theme: Oneness  
|   | Purpose: A reminder of inclusiveness  
|   | Method: With left hand in front of chest, fingers pointing up and palm facing forward, make a circle in the air for the letter “O” (for Oneness). Do the movement slowly. |

|   | Theme: Nothingness  
|   | Purpose: Reminder of “This too shall pass.”  
|   | Method: With right hand, make a circle in the air to symbolize zero. If you want to smile, consider the oneness circle as “wax-on” and the zero circle as “wax-off.” Do movements with mindful concentration. |

|   | Theme: Infinity  
|   | Purpose: Reminder of the wide perspective of constant dynamic change.  
|   | Method: Starting with palms together in Gassho, move each hand downward, then out and around to form two circles. As your hands come together, cross your wrists and with each hand continuing downward and around, make two circles with your arms crossed in front of you. Do slowly and gracefully; end with Gassho. Notice that the whole movement draws the infinity sign. |

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